

COVID Studio Usage Agreement for in-person Asheville Academy of Ballet classes as of 9/18/21

- 1) For *everyone*, in accordance with the Buncombe County Emergency order on 8/18: Face masks, which cover nose and mouth, must be worn at all times in the studio, lobby, and all other inside spaces, *even while dancing, and even while alone in the room, the restroom, or the building.* Thank you for helping us keep everyone safe.**

Face masks (fabric or disposable) must conform to CDC guidelines, which means they SHOULD:

- **Have two or more layers of washable, breathable fabric**
- **Completely cover your nose and mouth**
- **Fit snugly against the sides of your face and don't have gaps**

NOT acceptable as masks:

- **Mesh or chiffon**
- **Single-layer gaiters**
- **Face shields**
- **Anything with exhalation valves or vents which allow virus particles to escape**

If you have to touch your mask or your face for any reason (eg. to drink from your water bottle), be sure to sanitize your hands after you do so. Try to keep spare clean face masks in your car, so you are never at risk of missing class because you don't have one! If you get in a bind, text your instructor, and she will bring you a disposable mask.

- 2) No one may enter the building who may have been exposed to COVID-19, or who has a fever, sore throat, coughing, loss of taste or smell, or shortness of breath. If you answer "yes" to *any* of the following questions, you must alert your instructor via text and you may not be allowed to enter the space. *Ask yourselves these questions before you get out of your car.* They will also be posted on the front door. Please try to check your temperature each morning, or before you leave your home.**

- Have you or anyone in your household had any of the following symptoms in the last 5 days:
 - sore throat
 - cough
 - congestion or runny nose
 - chills
 - headaches for unknown reasons

- body aches for unknown reasons
 - shortness of breath or difficulty breathing for unknown reasons
 - new loss of smell or taste
 - fever at or greater than 100.4 degrees Fahrenheit
 - nausea/vomiting/diarrhea
- Within the past 14 days, have you been in close physical contact with a person who is known to have laboratory-confirmed COVID-19 or with anyone who has any symptoms consistent with COVID-19?
 - Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?
 - Are you currently waiting on the results of a COVID-19 test?

*****Your entry into the space each day will serve as your agreement that you have asked yourselves the health screening questions and that you have no reason to believe that you or anyone with whom you have had close contact might be sick. Thank you for your care for your dance community.*****

- 3) Wash your hands and use hand sanitizer** (available in the lobby, by the back door nearest the creek, and by the studio stairs) frequently. We are asking that everyone wash or sanitize their hands as soon as they arrive, and sanitize their hands frequently, especially after touching their masks or faces. There will be sanitizer available at the back door; be sure to sanitize when you leave the building.
- 4) Bring your own water from home. The drinking fountain will not be in use** (it has been taped off and the water turned off for everyone's safety). If you forget your water bottle, there will be some available under the piano (ask your instructor). When you need to drink water, try to remove your mask only by unlooping one of the ear loops, so that you do not touch the mask itself, and do not set the mask down anywhere. *After you touch your mask to drink water, please sanitize your hands.*
- 5) No food at all is allowed in the building during this time, and the fridge will not be in use.** Staff for the usual cleanup is not on site. Please keep food in your car.
- 6) Parents, siblings, and friends will *not* be allowed to enter the studio or the lobby.** You will drop your children off at the front door at the start of class, and pick them

up at the back door (nearest the creek) at the end of class – please be on time when class ends. Please wait in your car during the class; if you must leave the premises, be sure your child *and your child's instructor* have your phone number. *There will be no office staff on site, and the **lobby doors will be locked during class.*** (Parents and siblings will be allowed to use the lobby restrooms, but must ask yourselves the health screening questions before entering, and *everyone* must wear a mask while inside.)

7) Please carefully note the order of operations for your time at the studio.

- a. Before you arrive, ask yourselves the health screening questions in bullet point 2, and do not enter the building if your answer to any of them was Yes. Remember to take your temperature each day before you leave home, even if that's in the morning.
- b. Please do not leave your car until five minutes before your class time, and please wear your mask when you leave your car (if you have forgotten your mask, text the instructor, who will be able to provide a disposable mask).
- c. Five minutes before your class time, you may walk your child to the front door (please wear your mask), or watch until they have gone inside (Creative Ballet parents, we understand you may need to walk your children inside).
- d. Students will wash (20 seconds) and/or sanitize (30 seconds) their hands immediately upon entering the building, change their shoes, and proceed directly to the studio.
- e. Students will remove their street shoes before entering the studio itself (shoes may be placed on the landing so that you may have them available for a bathroom break). *Please bring with you a plastic bag or plastic bin in which to place your street shoes and carry them with you downstairs, where you will place them by the exit door.* Please sanitize your hands again after touching your shoes/feet.
- f. Please arrive in your dance clothes and warm-ups. Dressing rooms will not be in use. Bring in minimal belongings and keep everything with you downstairs in the studio so that after class, you only have to put on your warmups, sanitize your hands, and leave via the back door.

- g. Spaces will be marked on the marley and at the barres, and will be at least 6 feet apart. Each student will stay in their own marked space. Teen/Adult ballet classes (in which students wear ballet shoes) may include some across the floor combinations, wherein a line of distanced dancers will move across the space, maintaining their distance from one another even while queued to cross to the other side.
- h. At the end of class (*classes will end 5 minutes before the stated end time*), students may use the restroom if needed, wash their hands, or use hand sanitizer (there will be some provided at the back door). You may be asked to wipe down your barre with a disinfecting wipe.
- i. Students will replace their shoes at the far side of the studio and exit via the back door (nearest the creek). Please tell your teacher when you are leaving the building, so she can watch you to your car. Or, parents, you may also walk up to the back door to pick up your children (please wear a mask if you do so). ***Parents, it is crucial that you be on time to pick up your children.***

*****No one (no student, no parent, no sibling) may hang out in the lobby or in the dressing rooms.*** We are asking dancers to arrive in their dance clothes and warm-ups; dressing rooms will not be in use. After class, put on warm-ups and shoes, sanitize your hands, and leave via the back door. We would like to have very minimal traffic going from the studio back into the lobby once the class has ended, as new students will be coming in the front door. Classes will end 5 minutes before the stated end time, so students can wash/sanitize their hands, retrieve their belongings, put on their shoes, and leave via the back door, where parents will retrieve them. If your class starts at 6:30, please do not come inside until 6:25. ***This means, parents, you must be on time to pick up your children at the back door. And we ask that all dancers and parents be responsible for themselves and follow the rules carefully.*** Remember to ask yourselves the health screening questions in bullet point 2, and do not enter if your answer to any of them is "Yes." DO tell your instructor if you are leaving the building, as ***there will be no office staff on site*** to watch you to your car.

- 8) **Feel free to use the A/C or open the windows while you are in the studio. Before you leave, close the windows, wipe/disinfect the latches, and wipe/disinfect the A/C buttons. Feel free to use the fans, but disinfect the touchpoints before you leave.** Avoid propping open the door to the parking lot, because we don't want birds/bugs/rodents to make their homes inside.

9) Once per day, teachers will sanitize surfaces and touch-points with approved disinfectant or 70% alcohol. Bottles of disinfectant, disinfecting wipes, and spray bottles of rubbing alcohol will be located on the piano as well as on the desk in the lobby. Paper towels can be found in the restroom, lobby, or on the piano. *If you feel the need to disinfect any surfaces or objects yourself (eg. barras, light switches, handles, or phone cords), you are welcome to do so.*

Surfaces teachers will disinfect each teaching day:

- barras (students may use wipes to disinfect their space before using it)
- door handles into and out of the studio
- door knobs to bathrooms
- faucet in bathroom
- toilet handles
- sound system and A/C buttons
- light switches
- door handles into and out of the building
- window latches

The marley floor will be sanitized weekly. Please wash your hands after touching the floor.